

MIZU SPECIAL ROLLS

- "3" Musketeers Roll** 12.95
Tuna, salmon & yellowtail inside; Avocado & four kind of tobiko on top, w/ special wasabi yuzu sauce
- # 68 Roll** 13.95
Tempura soft shell crab in; topped with spicy tuna, eel, mango and avocado, w/ special sauce
- Amazing Tuna** 12.95
White tuna tempura, spicy tuna & avocado; topped pepper tuna w/ mango & eel sauce
- Amber Roll** 12.95
Cooked shrimp, kani, avocado & mango in; fresh salmon & crispy shredded potato, w. sweet chili miso sauce
- Beauty & Beast Roll** 18.95
2 in 1 roll, One tuna salmon, white tuna & avocado, w/ honey wasabi; The other, shrimp, tempura, eel & avocado, w/ kabayaki sauce. Both wrapped in soybean paper.
- Castle Roll** 12.95
Deep fried roll with scallop, shrimp, kani, avocado, mayo & masago inside; w/ eel sauce & spicy mayo.
- Caribbean Roll** 14.95
Lobster tempura, mango, avocado, asparagus, tobiko, w/ soybean paper; w/ coconut & mango sauce
- Chilean Seabass Roll** 12.95
Crispy fried Chilean seabass inside; Top w/ snow crab meat, caviar w/ sweet & spicy sauce.
- Crazy Salmon Roll** 13.95
Spicy salmon, avocado & crunch in; fresh salmon seared with mayo, salmon roe (ikura) & parsley flakes on top.
- Dynamite Roll** 13.95
Spicy king crab meat, shrimp, kani & avocado in; Baked spicy scallops & masago on top
- Fervency Ocean Roll** 12.95
Marinated white tuna on top; Assorted spicy tuna, salmon, yellowtail, kani, seaweed salad & tempura crunch inside; w/ spicy sweet & sour garlic sauce
- Foxy Lady Roll** 13.95
Tempura yellowtail, spicy kani, crunch inside; fresh tuna, cilantro, jalapeno & chili sauce on top, w/ ponzu sauce.
- Fruit & Vegetable Roll** 11.95
Mango, strawberry, apple, avocado, cucumber, asparagus & fried sweet potato wrapped soy bean paper w/ fruit sauce.
- Gold Dragon Roll** 13.95
BBQ eel and avocado inside; Spicy tuna, crunch, mango & crispy potato on top, w/ mango & eel sauce.
- Hot & Fancy Roll** 12.95
Lobster salad, crunch, pepper tuna & avocado inside; Fresh salmon & mango jalapeno salsa on top.
- Hokkaido Roll** 12.95
Yellowtail, apple, crunch & spicy mayo inside; spicy scallop and tobiko on top. w/ honey wasabi & spicy miso sauce.
- Kevin's Roll** 12.95
Spicy tuna, crunch, yellowtail & avocado inside; spicy kani and caviar on top.
- Mango Roll** 10.95
Spicy salmon, crunch, avocado, crab stick inside; Topped w/ fresh mango & mango sauce
- Mizu Eel Baguettes** 12.95
Spicy tuna & crunch inside; Topped w/ B.B.Q. eel, fresh salmon & avocado
- New Point Roll** 13.95
Fresh salmon, spicy scallop, crunch & asparagus, wrapped with soybean paper. w/ sweet chili miso & honey wasabi.

- Out of Control Roll** 13.95
Tuna, salmon, yellowtail & avocado in; Top w/ tuna, salmon & mayo then seared w/ nuta sauce, spicy mayo & eel sauce
- Peace Haven Roll** 13.95
Tempura shrimp, spicy kani, seaweed salad and avocado wrapped with pink soy paper. Colored tobiko, spicy kani, seaweed salad & crunch on top
- Pink Dragon Roll** 11.95
Shrimp tempura, spicy tuna inside; Top w/ spicy crab, served w/ nuta & sweet soy sauce
- Ray's Roll** 13.95
Spicy kani, yellowtail, apple & avocado inside; Fresh fluke, cilantro & sriracha on top w/ spice mango & truffle oil sauce.
- Red of Green Roll** 13.95
Tuna, salmon, white tuna, avocado & Japanese pickle, wrapped soy paper. w/ seafood sauce.
- Robinhood Roll** 11.95
Sweet potato tempura inside; lobster salad & red tobiko on top w/ mango & coconut sauce.
- Spicy King Crab Roll** 14.95
Spicy king crabmeat, tobiko, avocado, mango & crunch, wrapped soy bean paper & specials sauce
- Supreme Roll** 13.95
Spicy kani, crunch & avocado inside; Fresh tuna, spicy scallop & tobiko on top, w/ spicy miso sauce
- Snow Roll** 13.95
Tempura white fish, asparagus & avocado inside; wrapped soy paper, tempura scallop on top, w/ crispy white masago & sweet chili miso.
- Sweet Heart Roll** 12.95
Spicy tuna & crunchy inside; Fresh tuna on top.
- Sunflower Roll** 12.95
Shrimp tempura, eel, avocado & spicy tuna, w/ soy bean paper, sweet miso & eel sauce
- Sunrise Roll** 12.95
Spicy tuna, avocado & crunch in side; Topped fresh salmon, sliced lemon & mango jalapeno salsa
- Surf & Turf Roll** 14.95
White tuna, pepper tuna, green apple & avocado in; Topped seared filet mignon, jalapeno, with eel sauce & spicy mayo.
- Scorpion King Roll** 18.95
Seaweed nori outside spider roll & shrimp tempura in eel on top roll (2 in 1 roll), with kabayaki sauce & spicy mayo
- Twin Roll** 11.95
Shrimp tempura, asparagus in; Topped w/ spicy tuna, sliced avocado & spice mayo
- Volcano Roll** 13.95
Tempura style roll with spicy tuna & avocado; Topped lobster salad, spicy king crab meat & jalapeno.
- Wake Forest Roll** 11.95
Crispy calamari, jalapeno, avocado & asparagus; Topped spicy salmon, caviar w/ nuta & eel sauce

LUNCH MENU

7 Days a Week: (11:00 am – 3:00 pm)

ENTREE

SERVED W. SOUP OR SALAD & RICE

1. Tempura Shrimp Lunch 6.95
Crispy fried shrimp & vegetables
2. Chicken Teriyaki 6.95
Grilled chicken breast in teriyaki sauce
3. Negimaki 7.95
Scallion rolled w. beef broiled in teriyaki sauce
4. Salmon Teriyaki 7.95
Fresh salmon broiled & basted w. teriyaki sauce
5. Beef Teriyaki 7.95
Barbecued strip steak marinated w. teriyaki sauce
6. Bento Box 13.45

California Roll	Shrimp & Vegetable Tempura
Appetizer Shumai	Choice one of #1 - to #5

HOT NOODLE

SERVED W. SALAD OR SOUP

- Nabeyaki Udon or Soba 8.95
Udon or soba noodle soup with tempura, egg & other delicacies
- Tempura Udon or Soba 6.95
Udon or soba noodle soup with tempura shrimp & veggies
- Yaki Udon or Soba 6.95
Stir fried noodle w. mixed vegetables
- Choose one item of
- Chicken 6.95
- Beef or Shrimp 7.95

HIBACHI LUNCH

SERVED W. SALAD OR SOUP, HIBACHI VEGETABLES, (WHITE OR BROWN) RICE

- Hibachi Chicken 6.95
- Hibachi Steak or Shrimp 7.95
- Hibachi Salmon or Scallop 7.95
- Hibachi Veggies w/ Fried Tofu 6.95

LUNCH SPECIAL ROLL

SERVED W. SOUP OR SALAD

ANY TWO ROLL 7.25 / ANY THREE ROLLS 10.25

- | | |
|--------------------------|---------------------------------|
| California Roll | Spicy Salmon or Tuna Roll |
| Shrimp Tempura Roll | Philadelphia Roll |
| Tuna Roll | Eel Avocado or Cucumber Roll |
| Yellowtail Scallion Roll | Tuna Avocado or Cucumber Roll |
| Salmon Roll | Salmon Avocado or Cucumber Roll |
| Sweet Potato Roll | Boston Roll |
| Avocado or Cucumber Roll | Asparagus Roll |

SUSHI BAR ENTREE

SERVED W. SOUP OR SALAD

- Sushi Lunch 11.95
- 5 pcs sushi of chef choice & California roll
- Sashimi 12.95
- 8 pcs sashimi of chef's choice
- Sushi & Sashimi Combo 16.95
- 4 pcs sushi, 6 pcs sashimi of chef choice & tuna roll
- Unagi Don 10.95
- 5 pcs eel on sushi rice

Prices / items subject to change based on market availability & freshness, some items any no longer be available



mizu
JAPANESE CUISINE

Tel: (336) 774-9797
Fax: (336) 774-9799

3374 Robinhood Road

Winston – Salem, NC 27106

(Sherwood Plaza Shopping Center)

OPEN HOURS

Sunday – Thursday: (11:00 am – 9:30 pm)
Friday & Saturday: (11:00 am – 10:30 pm)

www.mizuwinstonsalem.com

Ask Us for Special Party Menu



DINNER MENU

SOUPS

Miso Soup <i>With tofu, seaweed & scallion</i>	1.75
Onion Soup <i>With fried onion, mushroom & scallion</i>	1.75
Pork Dumpling Soup <i>Clear broth with (shumai) dumpling</i>	3.95
Seafood Soup <i>Shrimp, scallop, kani, fish cake & vegetable</i>	5.95
Tom Yum Goong <i>Shrimp, veg. w/ hot and spicy</i>	4.50

SALADS

Field Green Salad <i>Lettuce, tomato and cucumbers</i>	2.50
Avocado Tomato Salad <i>Avocado, tomato and greens</i>	3.95
Kani Salad	4.95
<i>Crab meat, cucumber, caviar w/ seasoned mayo</i>	
Mizu Salad	5.50
<i>Famous salad w/ shrimp, crab, avocados on mixed greens</i>	
Thai Chicken or Shrimp Salad	
<i>Served mixed greens with spicy Thai style dressing</i>	
Chicken 6.95 Shrimp 7.95	
Seaweed Salad <i>Marinated w/ sesame dressing</i>	3.95
Squid Salad <i>Marinated squid w/ sesame dressing</i>	5.50
Mango Tuna Salad	8.95
<i>Pan seared tuna, seaweed salad, served w/ mango salsa</i>	
Spicy Tuna or Salmon Salad	6.95
<i>Tuna or salmon w/ crunch & spicy mayo on greens</i>	
Chilean Seabass Salad	9.95
<i>Crispy fried chilean seabass, over mixed green and seaweed with special dressing.</i>	

APPETIZER

(FROM SUSHI BAR)

Sexy White Tuna	7.95
<i>Mango and avo wrapped w/ white tuna & seared, top w/ jalapeno, mango & sweet soy sauce</i>	
Pepper Tuna <i>Seared pepper tuna in ponzu salsa</i>	8.95
Dragon Ball	8.95
<i>Avocado wrapped w/ lobster salad & tempura crunch (2 pcs)</i>	
Citrine Salmon	8.95
<i>Seared, caviar, scallion, w/ honey wasabi & grape onion sauce.</i>	
White Tuna Fish Tempura	8.95
<i>Deep fried white tuna, fish with chef's special sauce.</i>	
Lavender Bud	8.95
<i>Thin fresh stripe bass, Japanese purple pickle in yuzu dressing.</i>	
Salmon Lover	8.95
<i>Fresh salmon and avocado, wrapped with spicy salmon and crunch, w/ sweet chili sauce (2pcs)</i>	
Good Luck	8.95
<i>Seared pepper tuna & white tuna on the skewers with olives, served ponzu & sweet chili miso sauce.</i>	
Manhattan Style Jalapeno	8.95
<i>Spicy assorted fish, kani & seaweed salad, wrapped jalapeno & deep fried, w/ sweet & sour garlic sauce</i>	
Treasure Island	9.95
<i>Avocado around spicy chunk tuna, salmon & white tuna, w/ seaweed salad, tobiko & crunch w/ yuzu dressing</i>	
Yellowtail with Jalapeno <i>Yellowtail sashimi w/ ponzu sauce</i>	9.95
Baby Tako	7.95
<i>Cooked baby octopus marinated specials sauce, seaweed ontop.</i>	
4 in 1 Sashimi	11.95
<i>Fresh tuna, salmon, yellowtail, & scallop in wasabi yuzu sauce</i>	
Uni Shot (over 21 ages)	5.95
<i>Uni (sea urchin) with sake and ponzu sauce in a cup.</i>	

APPETIZER

(FROM THE KITCHEN)

Tempura Shrimp Appetizer <i>Deep fried shrimp & veggies</i>	5.50
Crispy Calamari <i>Fried calamari w/ sweet & spicy Asian sauce</i>	7.95
Soft Shell Crab <i>Crispy fried soft shell crab with Tonkatsu sauce</i>	6.95
Rock Shrimp Tempura	6.50
<i>Batter shrimp tempura with spicy mayo sauce</i>	
Harumaki <i>Deep fried Japanese spring roll</i>	2.95
Age Tofu <i>Deep fried bean curd w/ special sauce</i>	3.50
Edamame <i>Boiled Japanese soy beans with sea salt</i>	2.95
Hamachi Kama	11.95
<i>Grilled yellowtail neck, with vinaigrette, mango salsa and ponzu sauce.</i>	
Martini King Crab	9.95
<i>King crabmeat, avocado, asparagus, and cucumber wrapped with rice pancake & deep fried with spicy mango salsa.</i>	
Lettuce Wraps	6.95
<i>Chopped chicken & mixed veggies, w/ hoisin sauce & lettuce cups</i>	
Negimaki <i>Broiled rolled beef, w/ scallions in teriyaki sauce</i>	7.95
Gyoza <i>Homemade steamed or pan-fried dumplings (shrimp or pork)</i>	4.50
Shumai <i>Steamed or fried dumpling w. (shrimp or pork)</i>	3.75
Sweet Chili Seared Scallop	6.95
<i>With spice mango salsa</i>	
Kushiyaki Chicken or Beef	3.95 / 4.95
<i>Grilled skewered chicken or beef & scallions w/ teriyaki sauce</i>	
Ika Maruyaki	9.95
<i>B.B.Q. Japanese whole squid in special sauce</i>	

DINNER ENTREES

(FROM THE KITCHEN)

SERVED W. SOUP OR SALAD & (WHITE OR BROWN) RICE

Chicken Teriyaki <i>Grilled chicken breast w/ teriyaki sauce</i>	10.95
Salmon Teriyaki <i>Grilled salmon w/ teriyaki sauce</i>	13.95
Steak or Shrimp Teriyaki	13.95
<i>Grilled steak or shrimp w/ teriyaki sauce</i>	
Chicken Tempura Dinner <i>Fried chicken & veggies</i>	10.95
Shrimp Tempura Dinner	12.95
<i>Shrimp & veg. tempura for the shrimp lovers!</i>	
Chicken or Pork Katsu	10.95
<i>Chicken or pork cutlet w/ veg. served w/ tonkatsu sauce</i>	
French Sea Bass	21.95
<i>Grilled chilean sea bass, with sweet purple rice in orange miso glaze.</i>	
Pan Seared Black Cod	19.95
<i>Marinated mirin & miso, w/ mango mustard sauce</i>	
Grilled Filet Mignon	19.95
<i>Tender beef with bacon, mushroom & onion, over red wine sauce</i>	
Asian Spiced Chilean Seabass	21.95
<i>Steamed w/ black bean sauce, topped w/ scallion & potato chip.</i>	
Seared Sea Scallop	17.95
<i>Pan seared jumbo scallop, chopped bell pepper & onions, served with wasabi pepper sauce.</i>	
Shrimp or Scallop Butter Yaki	13.95
<i>Broiled shrimp or scallop & mushroom w/ lemon butter sauce</i>	
Grilled Atlantic Salmon	16.95
<i>Salmon, asparagus, snow peas, carrot & onions. Served Japanese wasabi yuzu sauce.</i>	
Japanese Red Tilapia	15.95
<i>Oven roasted red tilapia & seasonal veggies, served with yakiniku sauce.</i>	

HIBACHI ENTREES

SERVED WITH SOUP, SALAD, HIBACHI VEGETABLE

& (WHITE OR BROWN) RICE

Hibachi Veggies with Fried Tofu	10.95
Hibachi Chicken	11.95
Hibachi Salmon	14.95
Hibachi Steak, shrimp or Scallop	14.95
Hibachi Filet Mignon	18.95

HIBACHI COMBINATION

Choose any two items	16.95
Choose one item with Filet Mignon	18.95
<i>Chicken, Steak, Shrimp, Scallop & Salmon</i>	

NOODLES

SERVED W. SALAD OR SOUP

Tempura Udon or Soba	9.95
<i>Flour or buckwheat noodle soup, served with shrimp & veggies tempura</i>	
Yaki Udon or Soba <i>Stir fried noodle w/ mixed veggies</i>	
Choose one item of	
Chicken	9.95
Shrimp or Beef	10.95
Nabe Yaki Udon or Soba	12.95
<i>Noodle soup w/ shrimp, scallops, fish cake, crab meat, chicken, egg & mixed veggies</i>	
Pad Thai	
Tofu or Chicken	9.95
Shrimp or Beef	10.95
<i>Rice vermicelli sauteed with mixed vegetables, then tossed in a sweet thai sauce and topped with chopped peanuts.</i>	

FRIED RICE

Fried Rice <i>With egg, onion & carrot</i>	3.50
Choose one item of	
Chicken or Mixed Veggies	4.95
Shrimp or Beef	5.95

SIDES

Chicken	5	Fried Rice	3.5
Steak or Shrimp	6	White Rice	1.5
Scallop or Salmon	6	Brown Rice	1.5
Filet Mignon	8	Sushi Rice	2
Mixed Veggies	4	Purple Sweet Rice	3
Broccoli	4	Ramune	1.99
Udon or Soba (Noodle)	4	<i>Japanese Soda, strawberry or clear</i>	

SUSHI (NIGIRI) & SASHIMI

(A LA CARTE) (1 PC / 1 ORDER)

Tuna (Maguro)	2.50	Caviar	2.50
Salmon (Sake)	2.25	<i>(Tobiko or Masago) (4 colors)</i>	
Smoke Salmon	2.50	Salmon Roe (Ikura)	3.00
Yellowtail (Hamachi)	2.50	Egg Custard (Tomago)	1.50
Mackerel (Saba)	2.00	Fried bean Curd Skin (Inari)	1.50
Eel (Unagi)	2.25	Squid (Ika)	2.00
White Tuna (Albacore)	2.00	Sweet Shrimp (Amaebi)	3.50
Seared Pepper Tuna	2.25	Shrimp (Ebi)	2.00
Crab Stick (Kani)	1.75	Octopus (Tako)	2.00
Surf Clam (Hokkigai)	2.50	King Crab	3.95
Striped Bass (Suzuki)	2.00	Toro (Fatty Tuna)	MP
Fluke (Hirame)	2.00	Uni (Sea Urchin)	MP
Red Tilapia (izumi-dai)	2.00	Live Scallop	MP
Scallop (Hotategai)	2.50		

CLASSIC ROLLS OR HAND ROLLS

(COOKED ROLLS)

California Roll	4.50	Crazy Roll (6 pcs)	9.95
<i>Crab stick, avocado & cucumber</i>		<i>Deep fried w/ white fish, crab stick, avocado; top tobiko, scallion, spicy mayo, eel sauce</i>	
Boston Roll	4.50	Dragon Roll (8 pcs)	11.95
<i>Cooked shrimp, lettuce, cucumber & mayo</i>		<i>Crab stick, avocado, cucumber; top w/ eel, avocado, tobiko w/ eel sauce</i>	
Spicy Kani Roll	5.00	Crunchy Shrimp Roll	6.95
<i>Crabmeat, crunch, spicy mayo</i>		<i>Shrimp tempura, crab stick; top w/ masago, w/ eel sauce.</i>	
Spider Roll	7.95	Fire Crunch Roll	6.95
<i>Fried softshell crab, cucumber, lettuce, masago, w/ eel sauce.</i>		<i>Shrimp tempura, cream cheese; top w/ tempura crunch, spicy mayo</i>	
Crispy Tuna Roll	5.95		
<i>Lightly fried tuna and nori seaweed roll w/ eel sauce</i>			

(RAW ROLLS)

Rainbow Roll (8 pcs)	10.95	Yellowtail Scallion Roll	4.50
<i>California roll topped w/ assortment of fish, cooked shrimp & caviar.</i>		Spicy Tuna Roll	5.75
Naruto Roll (6 pcs)	9.95	Spicy Yellowtail Roll	5.75
<i>Sliced cucumber wrap crab stick, avocado & (Tuna or Salmon), w/ ponzu sauce</i>		Spicy Salmon Roll	5.50
Tuna Roll	4.50	Salmon Roll	4.25
Salmon Avocado or Cucumber Roll	4.95	Philadelphia Roll	5.50
Tuna Avocado or Cucumber Roll	5.50	<i>Smoked salmon, cream cheese & cucumber</i>	

(VEG. ROLLS)

Sweet Potato Roll	3.50	Cucumber or Avocado Roll	3.50
Sweet Tofu Roll	3.95	AAC Roll	4.00
Oshinko Roll	3.50	<i>Asparagus, avocado & cucumber</i>	
Tempura Asparagus Roll	3.95	Asparagus Roll	3.50

SUSHI & SASHIMI ENTREES

Sushi Dinner	21.95
<i>9 pieces sushi of chef's choice & tuna roll</i>	
Sashimi Dinner	25.95
<i>15 pieces sashimi, chef's choice of raw fish</i>	
Sushi & Sashimi Combo	28.95
<i>5 pieces sushi, 10 pieces sashimi of chef's choice & spicy tuna roll</i>	
Lover's Boat For 2	54.95
<i>10 pcs sushi, 16 pcs sashimi of chef's choice & sweet heart roll</i>	
Tri Colors Sushi Entree	20.95
<i>3 pieces each of tuna, salmon, yellowtail</i>	
Tri Colors Sashimi Entree	26.95
<i>4 pcs tuna, 4 pcs salmon, 4 pcs yellowtail</i>	
Maki Combo	13.45
<i>3 rolls with California roll, tuna roll & salmon roll</i>	
Spicy Maki Combo	16.45
<i>3 rolls with spicy tuna, spicy salmon & spicy yellowtail</i>	
Ungai Don	17.95
<i>8 pieces BBQ eel on sushi rice</i>	
Chirashi	18.95
<i>9 pieces sashimi chef's choice on a bed of sushi rice</i>	

Please inform us if you are allergic to any of the ingredients.
Consuming raw or under cooked meats, poultry, shellfish or egg may increase your risk of food borne illness.